



OFFICE *of the* GOVERNOR

JOHN BEL EDWARDS

## **Stay at Home Order**

To further combat the spread of COVID-19 in Louisiana, Gov. Edwards issued a Stay at Home Order today--directing all Louisiana residents to shelter at home and limit movements outside of their homes beyond essential needs.

### **YOU CAN**

- Go to the grocery, convenience or warehouse store
- Go to the pharmacy to pick up medications and other healthcare necessities
- Go to medical appointments (check with your doctor or provider first)
- Go to a restaurant for take-out, delivery or drive-thru
- Care for or support a friend or family member
- Take a walk, ride your bike, hike, jog and be in nature for exercise — just keep at least six feet between you and others
- Walk your pets and take them to the veterinarian if necessary
- Help someone to get necessary supplies
- Receive deliveries from any business which delivers

### **YOU SHOULD NOT**

- Go to work unless you are providing essential services as defined by this Order
- Visit friends and family if there is no urgent need
- Maintain less than 6 feet of distance from others when you go out
- Visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites.

### **What is the difference between “Stay at Home” and “social distancing”?**

Stay at home is a stricter form of social distancing.

Stay at home means:

- Stay home (stay unexposed and do not expose others)
- Only go out for essential services
- Stay six feet or more away from others
- Don't gather in groups